

SIGNATURE BURGERS

All Burgers are 1/3lb juicy burger, all lunches served with chips and pickle

Bacon Cheeseburger	\$13.95*
Mushroom Swiss Burger	\$12.25*
Olive Burger (homemade olive sauce)	\$11.95*
Cheeseburger	\$10.25*
Hamburger	\$ 9.95*
Turkey Burger	\$ 9.95*
Eat Fit Turkey Burger	\$10.25*
100% whole wheat slimwich bun, deluxe with Salsa Sun Chips	

LUNCH SELECTIONS

Turkey, Bacon and Ham Club	\$15.95
Served deluxe on sour dough toast	
Chicken Wraps – Grilled or Crispy	\$14.95
Served deluxe with bacon & cheese in tomato basil tortilla	
Chicken Caesar Salad	\$11.95
Grilled Chicken Breast – Served deluxe on bun	\$10.95
Eat Fit Chicken Breast	\$10.95
100% whole wheat slimwich bun, deluxe with Salsa Sun Chips	
BLT	\$10.95
Monte Cristo	\$12.95
Ham, Turkey, Swiss cheese, battered, grilled with Raspberry habanero sauce	
Tuna Salad or Tuna Melt	\$ 9.95
Open or closed – grilled or cold	
Eat Fit Tuna Wrap	\$10.95
100% whole wheat wrap, lettuce, tomato with Salsa Sun Chips	
Eat Fit Low Carb Plate	\$ 10.95
Tuna Salad, Cottage Cheese served on lettuce with tomato slices	
Stacked Ham & Cheese – Cold or Grilled	\$ 8.95
Stacked Turkey Breast	\$ 9.95
Grilled Cheese	\$ 5.95
Hot Dog or Brat	\$ 5.95
Add Cheese or Deluxe	\$.75
Soup of the Day:	Cup \$3.95 Bowl \$ 4.95
Large Side French Fries	\$ 3.75
Add Fries to any selection above	\$ 2.50

BREAKFAST

OMELETTES

3 egg omelettes served with choice of toast (add choice of potatoes \$ 2.50)

ANY SPLIT ORDERS ADD \$ 1.00

The Ruthie	\$14.95
Ham, bacon, sausage, green pepper, onion, mushroom, tomato & cheese	
Corned Beef Hash & Swiss Cheese	\$ 13.95
Farmers	\$ 13.95
Ham, green pepper, onion & cheese	
Ham & Cheese	\$ 12.95
Veggie	\$ 12.95
Tomato, green pepper, onion, mushroom & cheese	
Eat Fit Veggie	\$ 13.95
Egg whites, tomato, mushroom, green pepper, onion & Swiss cheese	
Eat Fit Spinach	\$ 13.95
Egg whites, spinach, tomato, onion & Swiss cheese	
(EAT FIT SELECTIONS SERVED WITH WHOLE WHEAT MUFFINS)	

EGGS AND ETC.

2 Eggs and choice of meat & toast	\$ 7.95*
Add choice of potato	\$10.45*
2 Eggs Corned Beef Hash & choice of toast	\$10.45*
Lester Special	\$ 9.95*
2 Eggs, 2 links, 1 blueberry cake & raisin toast	
French Toast	\$ 6.95
Add choice of meat	\$ 9.95
Marquette Muffin	\$ 5.75*
Sausage patty, egg w/cheese on English muffin	
Eat Fit Marquette Muffin	\$ 5.95*
2 Egg whites, spinach, Swiss cheese on whole wheat English muffin	

BEVERAGES AVAILABLE

Coffee	\$2.50	Tea Hot	\$1.25
Hot Cocoa	\$2.75	Orange Juice	\$2.75
Milk	\$2.00	Iced Tea	\$2.50
Lemonade	\$2.50	Raspberry Iced Tea	\$2.75
Soft Drinks	\$2.00	Bottled Juice	\$2.50

*May be cooked to order. Consuming raw or under cooked meats or eggs may increase food borne illness.